

**Get informed, educated and insp**ired to take charge of your health, eat and cook nutritiously, and get physically fit!

See over 100 health, wellness and recreation exhibitors.

## 11~4pm Sunday • June 22, 2008

Hellyer County Park, 985 Hellyer Av San Jose



Festival parking only at the Silver Creek Sport Complex on Embedded Way



Endorsed by the State of California Governor's Council on Physical Fitness and Sports

Free Subway® SANDWICHES!\* Free FRUITS & VEGGIES\*

from Second Harvest Food Bank

\*while supplies last

Kids Zone, Kayaking & Canoeing, **Zumba, Tai Chi, Hip Hop Hula Hoop Demos and MUCH more!** 



For more info call (408) 355-2268 or email parkinfo@prk.sccgov.org To volunteer call (408) 355-2275



Presented by the Santa Clara County Parks & Recreation Department in collaboration with:



























